



**Springfield**  
Medical Care Systems, Inc.

## CLINICAL CARE COORDINATORS



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# Springfield Medical Care Systems

## Care Coordinator Fact Sheet

*Care Coordinators provide community assistance for Diabetes Education, Nutrition Counseling, Behavioral Health, Self-Management Classes, Wellness Classes, Tobacco Cessation, Housing, Transportation, Medication Assisted Treatment and Social Services Support.*

### Patient Education

#### Diabetes

- Blood glucose monitors teaching
- Basic Plate Method
- Self-management
- CHT classes

#### Asthma

- Appropriate Inhaler Use
- Triggers
- Self-management
- CHT classes

#### Hypertension

- JNC 8 guidelines
- DASH Diet-includes plate method
- Self-management
- CHT classes

#### Tobacco Cessation

- Self-management
- CHT classes

#### Medication Reconciliation

#### Panel Management

- Collaboration with providers on panels
- Hospital discharge phone call within 3 days
- ER Follow up
- No Show Tracking
- Chronic Disease Measure Tracking
  - e.g. Diabetes, HTN, Asthma, etc.

### Coordination of Care

- Lifestyle Medicine
- Medication Assisted Treatment
- Behavioral Health
- Specialist/Testing
  - e.g. Visits, follow up on medications, consult notes
- Transportation
- Insurance Support
- Housing
- Food
- Pharmacy Assistance
- Durable Medical Equipment (DME)
- Health Access
- Access to social services
  - e.g. 3 squares, economic services, WIC, Reach Up

### Collaboration with Community Resources

- Community Health Team (CHT)
- VT Chronic Care Initiative (VCCI)
- Children with Special Health Needs (CSHN)
- Visiting Nurses Association (VNA)
- Health Care & Rehabilitation Services (HCRS)
- Vermont Department of Health (VDH)
- Agency of Human Services (AHS)
- Senior Solutions
- Parent/Child Center
- School Nurses
- Team meetings
- ...many others